

Introductions

One at a time, participants stand in front of the arc and state the following:

- 1.Name, Age, Occupation
- 2.The experience I am committed to awaken in you is...
- 3.The results that will indicate the experience is happening are...
- 4.The shift in attitude it will take from me to have it happen is...
- 5.What I will miss out on in life if I don't shift is...
- 6.What others will miss out on in life if I don't shift is...