



Love Map Exercise

1. Review the list of questions
2. Take turns choosing a question for your partner to answer about you.

Questions for building your love map:

1. Name two of your partners closest friends
2. What was your partner wearing when you first met?
3. What are your partner's hobbies?
4. What stresses are facing your partner in the immediate future?
5. Describe in detail your partners day yesterday or today?
6. What is your partner's fondest dream yet unachieved?
7. What is one of your partners worst fears in life?
8. What is your partners favorite time for making love?
9. What makes your partner feel most competent?
10. What is your partners favorite way to spend an evening?
11. What personal improvements does your partner want to make in his or her life?
12. What kind of present would your partner like best?
13. What was one of your partner's best childhood memories?
14. What was your partner's favorite vacation?
15. What is your partner's favorite way to be soothed?
16. Who is your partner's greatest source of support (other than you)?
17. With whom does your partner currently have a conflict?
18. What does your partner like to do with time off?
19. What is one of your partner's favorite weekend activities?



Questions continued:

20. What is your partner's favorite getaway place?
21. What are some of the important events coming up in your partner's life and how does he/she feel about them?
22. What are some of your partner's favorite ways to work out?
23. Who was your partner's best friend in childhood?
24. What would be an ideal job for your partner?
25. What is your partner's major fear?
26. What is your partner's favorite holiday?
27. What is your partner's favorite kind of reading?
28. What is your partner currently most sad about?
29. What is one of your partner's concerns or worries?
30. What medical problems does your partner worry about?
31. What is your partner's worst childhood experience?
32. What people does your partner admire most in the world? Name two.
33. What is one of your partner's favorite desserts?
34. What is your partner's favorite romantic restaurant?
35. Does your partner have a secret ambition? What is it?
36. What foods does your partner hate?
37. What is your partner's favorite song?